

# BULLDOG BASEBALL

2017-2018 E-RECRUITING NEWSLETTER

EDITION: DECEMBER 2017

## SKILLS VIDEOS AND NUMBERS THAT CATCH OUR EYE

Given the scope of our national recruiting efforts, skills videos serve an integral role in our evaluation process. Every day, dozens of videos are sent to our coaching staff- every one of which we evaluate that day or within the week. With that in mind, here is an outline of what videos produce genuine interest from our staff...

### POLISH

The cleanliness of your game speaks to your experience and how much/ how little work needs to be done on the mechanical side of things once you arrive to campus...

- HITTERS: Bat/ barrel path that is on plane early and for a long period of time (slightly uphill through the plane of the pitch)
- DEFENDERS: Clean, efficient actions (footwork, glove-work, arm action)
- PITCHERS: A clean, quick, and healthy arm action

### VERIFIABLE METRICS

We need metrics to be verified on the video or via our own eyes. We will put more stock into what we see than what we hear about. That in mind, here's what we love to see in skills videos...

- HITTERS: 88mph+ bat exit speed off tee (video needs to be sent with verifiable radar gun reading)
- DEFENDERS/RUNNERS: 6.8 and slower 60's (run on a football field so we can time it ourselves)
- PITCHERS: Ability to hit 88 mph off mound (video needs to be sent with verifiable radar gun reading)
- CATCHER: Sub 2.0 pop times in a showcase setting; gameplay will naturally be slightly higher

### STATS

Statistics are a HUGE part of our recruiting. They speak to your consistency as a ballplayer. Not every player is a showcase type player who possesses tools that jump out at a coach in a one or two day setting. That in mind, make sure you have verifiable statistics from your spring and summer seasons to speak to your level of consistency. Here is what we look at from a statistical standpoint...

- HITTERS: ELITE TOTAL BASE PRODUCTION (TOTAL BASES VIA HITS + STOLEN BASES + BB/HBP)- accumulate as many as possible.
- PITCHERS: 3:1 STRIKEOUT TO WALK RATIO, 1 STRIKEOUT PER INNING